









Model Curriculum

QP Name: Beauty Therapist

QP Code: BWS/Q0102

QP Version: 3.0

NSQF Level: 4

Model Curriculum Version: 3.0

Beauty & Wellness Sector Skill Council
Office no. - UG-5B, Upper Ground Floor, Himalaya House-23, Kasturba Gandhi Marg,
Connaught Place, Delhi-110001









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Training Parameters

Sector	Beauty & Wellness
Sub-Sector	Beauty and Salons
Occupation	Skincare Services
Country	India
NSQF Level	4
Aligned to NCO/ISCO/ISIC Code	NCO-2015/5142.0100
Minimum Educational Qualification and Experience	Class X with 1 year of experience as an Assistant Beauty Therapist, OR NSQF Level-3 course (Assistant Beauty Therapist) and 6 months of experience as an Assistant Beauty Therapist or Pedicurist & Manicurist
Pre-Requisite License or Training	-
Minimum Job Entry Age	16 years
Last Reviewed On	08-04-2021
Next Review Date	08-04-2024
NSQC Approval Date	31-08-2021
QP Version	3.0
Model Curriculum Creation Date	08-04-2021
Model Curriculum Valid Up to Date	08-04-2024
Model Curriculum Version	3.0
Minimum Duration of the Course	440:00 Hrs.
Maximum Duration of the Course	440:00 Hrs. Training Hours including Employability NOS (40 hrs.)









Program Overview

This section summarizes the end objectives of the program along with its duration.

Training Outcomes

At the end of the program, the learner will be able to:

- Explain the objectives of the program
- List the career opportunities and projected growth in skincare services
- Explain the roles & responsibilities of Beauty Therapist
- Carry out preparation and maintenance of work area
- Describe the application of health and safety practices at the workplace
- Describe the importance of personal hygiene and grooming while executing task
- Perform skin care services; such as facial skin condition using exfoliation, skin warming, comedone extraction, facial massage, mask treatments and moisturizing
- Perform hair removal services, including waxing and threading
- Carry out manicure and pedicure services
- Perform make-up for a variety of occasions, including day, evening and special occasions
- Perform salon reception duties; such as handling the front desk duties and customers
- Carry out facial beauty services using different techniques like ultrasonic and hi-frequency

Compulsory Modules

The table lists the modules, their duration and mode of delivery.

NOS and Module Details	Theory Duration	Practical Duration	On-the-Job Training Duration (Mandatory)	On-the-Job Training Duration (Recommended)	Total Duration
Introduction to the program and the role of Beauty Therapist	1	0			1
BWS/N9001- Prepare & Maintain the work area V3.0, NSQF Level 3	1	11	_	_	11
Prepare and maintain work area	1	11	_	_	11
BWS/N0104 Perform skin care services V3.0, NSQF Level 4	15	55	_	_	70









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Create a positive					
impression at the					
workplace					
V3.0, NSQF Level 3					
Appearance and	7	10	_	_	17
Behavior					
Task execution as per organization's standards	7	10	-	_	17
Communication and Information record	8	10	_	_	18
Total Duration	100:00	340:00			440:00 Hrs.









Module Details

Introduction to the program and the role of Beauty Therapist Mapped to Beauty Therapist, Bridge Module

Terminal Outcomes:

- Explain the objectives of the program
- Explain the roles & responsibilities of Beauty Therapist
- List the career opportunities in skincare services

Duration: 01:00 Hrs.	Duration: <hh:mm></hh:mm>	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
 Explain the objectives of the program State the roles & responsibilities of Beauty Therapist List the career opportunities in skincare service Discuss about the projected growth in 		
skincare service		
Classroom Aids		
Computer, Projector, White Board/ Flip Chart, Marker and Duster		
Tools, Equipment and Other Requirements		
N.A		









Prepare and maintain work area Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

• Carry out preparation and maintenance of work area

Duration: 01:00 Hrs.	Duration: 10:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Discuss the significance of maintaining hygienic, safe, disinfected and suitable ambient conditions at work place; such as by using air purifiers to reduce dust, dander, smoke, allergens & odour resulting in a healthier, fresher & cleaner environment and restructuring the workplace set-up by keeping a minimum distance of 2 meters in between two clientele, practicing social distancing by avoiding handshakes/ hugs to co-workers/ clientele, etc. Identify and prepare equipment & products required for the respective service Discuss the instructions required in preparing a sterilization solution as per organizational standards using approved products and as per manufacturer's and checking leakages Identify need of segregating recyclable, non-recyclable and hazardous waste generated in separate bin Conduct employee awareness program; such as for COVID-19 by displaying posters/ signage's promoting regular hand-washing and respiratory hygiene in the premises 	 Demonstrate organizing the sterilized/ disinfected equipment for a service delivery; equipment such as bowls, cotton etc. Demonstrate disposing of waste in the designated area at work place; waste materials such as disposable triple layered surgical face mask, disposable gloves, etc. Demonstrate the use of electrical equipment while providing services and its proper maintenance when not in use Prepare reports of materials and equipment securely in line with the organisational policies Apply digital mode of payment to lessen any kind of cross infection; digital mode such as use of debit/credit cards, internet banking, mobile wallets, digital payment apps, etc.

Classroom Aids

Computer, projector, white board/ flip chart, marker and duster

Tools, Equipment and Other Requirements

Therapy Bed, Beauty Trolley, First Aid Kit, Fire Extinguishers, Sterilizers, Hot Cabinets, Waste Disposal Bin, Record Book, Bowls Bed, Basket, Recliner, Chair, Bowl, Cotton, etc.









Provide skin care services

Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

Perform skin care services; such as facial skin condition using exfoliation, skin warming, comedone extraction, facial massage, mask treatments and moisturizing

Duration : 15:00 Hrs.	Duration: 55:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Describe the anatomical structure of the skin; such as the layers of the epidermis, the dermis, the subcutaneous layer, the hair follicle, the hair shaft, the sebaceous gland, arrector pili muscle, sweat gland, and sensory nerve endings Identify the functions of the skin; such as sensitivity, heat regulation, absorption, protection, excretion, secretion and vitamin D production Identify the characteristics of the skin, its type and conditions Identify the effect of the natural ageing process on the skin, facial muscles and muscle tone Explain the functions of the circulatory and the lymphatic systems of the body Identify various environmental and lifestyle factors affecting the skin Identify the allergies, contraindications and contra-actions of the skin accurately Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Prepare the client, self and work area for basic skin care services Apply facial and bleach techniques for client's basis on the skin conditions; facials such as skin lighting, radiance, anti-tan, hydration, oil control, harmonizing for sensitive skin, etc. and skin conditions such as psoriasis, eczema, acne, etc. Perform suitable course of services and procedures for various skin types and conditions, and recommended frequency of service - daily, weekly, monthly, etc. Differentiate between various types of specialist skin products and methods Categorise the benefits of various beauty services; such as used for cleansing, exfoliating and toning the skin Massage by applying masks and skin care products & warm the skin using different types of skin warming devices Perform safe manual black head extraction using comedone extractor Illustrate different types of masks and their effects on the skin like cream, warm oil, clay, peel off, thermal, etc. Perform aftercare services by recommending basic home care routine for skin protection

Classroom Aids

Computer, Projector, White Board/ Flip Chart, Marker and Duster

Tools, Equipment and Other Requirements

Anatomy and Physiology, Charts, Therapy Bed, Beauty Stool/Chair, Trolley, Bowls, Sterilizer, Comedone Remover, Face Steamer, Pack Brush, Dustbin, etc.









Perform hair removal services Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

Carry out hair removal services, including waxing and threading

Duration: 15:00 Hrs.	Duration: 53:00 Hrs.		
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes		
 threading as per the shape and proportion of the eyebrows in relation to facial features and existing eyebrow shape List the methods to carry out the threading techniques Explain the significance of maintaining 	 Perform aftercare advice for clients; such as activities to avoid after waxing services i.e., possible contra-actions that may occur after waxing services Execute record services; such as maintaining product usage (inventory) record 		
customer service principles including privacy	record		

Classroom Aids

Computer, Projector, White Board/ Flip Chart, Marker and Duster

Tools, Equipment and Other Requirements

and protection to modesty of the customers

Therapy Bed, Beauty Trolley, Wax Heater, Wax Strips, Wax Knife, Spatula, Bowls, Dustbin, Bed/Recliner, Chair, Bowl, Cotton, Mirror, Tissues, Towel, and Trolley









Perform manicure and pedicure services Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

Carry out pedicure and manicure services

0 Hrs.
Learning Outcomes
and effective methods of nen providing services ent consultation, treatment nd preparation te the process followed in and manicure services te and identify contraand contraactions that may strict the services tercare advice for clients
9

Classroom Aids

Computer, Projector, White Board/ Flip Chart, Marker and Duster

Tools, Equipment and Other Requirements

Anatomy And Physiology of Nail Chart, Manicure Chair/ Stool, Sterilizer Bowls, Manicure Brush, Nail Cutter, Cuticle Pusher, Cuticle Nipper, Orange Stick, Nail Filer, Pack Brush, Dustbin, Pedicure Chair/ Stool, Foot Scrapper, Emery Board, Pumic Stone, Toe Separator, Pedicure Brush, Pack Brush, Cotton Wool, Remover, Hand And Foot Cream, Scrubber, Cleanser, etc.









Perform make-up services Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

• Perform make-up for a variety of occasions, including day, evening and special occasions

Classroom Aids

Computer, Projector, White Board/ Flip Chart, Marker and Duster

Tools, Equipment and Other Requirements

Make-up, Chair, Trolley, Mirrors, Lighting Foundations, Concealer, Powder, Blusher, Eyeshadow, Mascara, Eye Pencil, Liquid Liner, Lip Liner, Lipstick, Lip Gloss, Corrective Makeup/ Colored Concealer, Brushes, and Applicators









Operate and apply electrical/electronic equipment for facial beauty services safely and effectively

Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

• Carry out facial beauty services using different techniques like ultrasonic and hi-frequency.

Duration: 20:00 Hrs.	Duration: 60:00 Hrs.	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
 Identify the techniques to improve and maintain skin condition Explain facial skin care techniques, products and treatment planning Identify contra-indications that affect or restrict facial skin care treatments Explain the significance of maintaining customer service principles including privacy and protection to modesty of the customers 	 Prepare self, client and the work area for head massage Apply safe and effective methods of working when improving and maintaining facial skin condition Use basic and advance machine facials; such as direct high frequency, indirect high frequency, galvanic, etc. effectively and as per safety standards Use an ultrasonic therapy machine as per manufacturer's instructions Carry out disposing of all the waste safety according to the salon's standards of hygiene and safety Perform aftercare advice for clients 	
Classroom Aids		
Computer, Projector, White Board/ Flip Chart, N	Narker and Duster	
Tools, Equipment and Other Requirements		
Trolley, Bowls, Sterilizer, Comedone Remover, Face Steamer, Pack Brush, Dustbin, Galvanic/Hi-Frequency/Ultrasonic Machines, Therapy Stools, Video - Derma scope, Wax Heater, etc.		









Maintain health and safety at the workplace Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

• Describe the application of health and safety practices at the workplace

Duration: 02:00 Hrs.	Duration: 10:00 Hrs.	
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes	
 State the significance of personal protective equipment (PPE) & its efficient supply at work place; PPE such as tissues, antibacterial soaps, alcohol-based hand cleansers, triple layered surgical face masks, gloves, etc. Discuss the importance of maintaining basic hygiene at work place to avoid any kind of cross infection; basic hygiene such as wearing disposable N-95/ triple layered surgical face mask, gloves, apron, washing/ sanitizing hands & taking bath at regular intervals, etc. Explain the importance of maintaining first aid kit at work place Identify and list potential risks and hazards in the workplace 	 Demonstrate and state significance of maintaining posture and position to minimize fatigue and the risk of injury Demonstrate the method of sterilizing equipment & tools before and after use Prepare, maintain and report accident reports as per organisational policies 	
Classroom Aids		

Computer, Projector, White board/ Flip chart, Marker and Duster

Tools, Equipment and Other Requirements

First Aid kit, Fire Extinguishers, Sterilizers, Masks, Hand Sanitizer, Hot Cabinets, and Waste Disposal Bins









Create a positive impression at the workplace Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

• Describe the importance of personal hygiene and grooming while executing task

Duration: 22:00 Hrs.	Duration: 30:00 Hrs.			
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes			
 Explain the importance of maintaining personal hygiene and grooming; such as sanitized hands, neatly tied and covered hair, clean nails, sanitized uniform while engaging with clients with no gender stereotyping, to ensure privacy, comfort and wellbeing of all the genders throughout the services, etc. List the ways to manage client expectations; such as by identifying new techniques State the importance of maintaining confidentiality of information while performing documentation of records Conduct employee awareness program; such as internalization of gender, PwD sensitization on designing PwD friendly workplace 	 Demonstrate confidence at the workplace by managing and identifying various business opportunities Demonstrate the different formats of maintaining documentation of records Demonstrate the process of client appointment scheduling; prebookings and maintaining the work area, equipment, product stocks to meet the schedule Carry out different & effective ways of communication for clients; clients could be from different culture, religion, age, background, disability, gender; and communication such as email, phone etc. Perform activities related to the financial literacy; such as saving money, opening bank accounts, linking Aadhaar card to bank account, using various e-commerce payment systems, etc. 			
Classroom Aids				
Computer, Projector, White Board/ Flip Chart, Marker and Duster				
Tools, Equipment and Other Requirements				
POS Machine				









Perform salon reception duties Mapped to Beauty Therapist, BWS/Q0102

Terminal Outcomes:

• Perform salon reception duties; such as handling the front desk duties and customers

Duration: 04:00 Hrs.	Duration: 16:00 Hrs.
Theory – Key Learning Outcomes	Practical – Key Learning Outcomes
 Explain the types of products and services offered by the salon, and their prices Explain the importance of customer satisfaction for business and professional success Explain the features and operational procedures of computerized booking systems 	 Execute & manage bookings for various services and procedures according to the salon policies Execute collecting feedbacks from the client Apply various marketing techniques to generate business; such as spreading awareness on promotional coupon offers Follow customer service principles including privacy and protection to modesty of the customers Perform aftercare advice for clients
Classroom Aids	
Computer, Projector, White Board/ Flip Chart, N	Narker and Duster
Tools, Equipment and Other Requirements	
NA	











Trainer Requirements

Trainer Prerequisites						
Minimum Educational	Specialization	Relevant Experience	•	Training	Experience	Remarks
Qualification		Years	Specialization	Years	Specialization	
Graduate	Cosmetology Services	3	Cosmetology Services	2	N.A	

Trainer Certification				
Domain Certification	Platform Certification			
BWS/Q0102, V3.0 Trainer Minimum accepted score is 80%	BWS/Q02601, V3.0 Trainer Minimum accepted score is 80%			









Assessor Requirements

Assessor Prerequisites						
Minimum Educational	Specialization	Specialization Relevant Industry Experience	•	Training/Assessment Experience		Remarks
Qualification		Years	Specialization	Years	Specialization	
Graduate	Cosmetology Services	5	Cosmetology Services	2	N.A	N.A

Assessor Certification			
Certification			
essor ore is 80%			









Assessment system Overview

Assessment will be carried out by assessment partners with no link to training partners. Based on the results of assessment, B&WSSC will certify the learners. Assessor has to pass assessment of theoretical knowledge of the job role and approved by B&WSSC.

The assessment will have both theory and practical components in 20:80 ratios. While theory assessment is summative and a written exam; practical will involve demonstrations of applications and presentations of procedures and other components. Practical assessment will also be summative in nature.

Testing Environment

Training partner has to share the batch start date and end date, number of trainees and the job role.

Assessment will be fixed for a day after the end date of training. It could be next day or later. Assessment will be conducted at the training venue.

Room where assessment is conducted will be set with proper seating arrangements with enough space to prevent copying.

Question bank of theory and practical will be prepared by assessment agency and approved B&WSSC. From this set of questions, assessment agency will prepare the question paper. Theory testing will include multiple choice questions, pictorial question, etc. which will test the trainee on his theoretical knowledge of the subject.

The theory and practical assessments will be carried out on same day. The question paper is preloaded in the computer (incase of online assessment) and it will be in the language requested by the training partner.

Presentation will be one mode of assessment and so computers and LDC projector will be available for assessment. Viva will also be used to gauge trainee's confidence and correct knowledge in handling job situations.

Assessment Quality Assurance framework

Assessor has to go through orientation program organized by Assessment Agency. The training would give an overview to the assessors on the overall framework of QP evaluation. Assessor shall be given a NOS and PC level overview of each QP as applicable. Overall structure of assessment and objectivity of the marking scheme will be explained to them.

The giving of marks will be driven by an objective framework which will maintain standardization of marking scheme.









In case of many candidates to be accommodated in one venue for theory assessment, caution is taken not to let the candidates who competed test meet those who have not. Once the first batch has moved out of the knowledge based assessment area, the second batch must be taken from the main waiting area and seated in the respective seats for their knowledge based assessment.

For practical, the instructions for taking the test are clearly written on the board in the lab or shared with the candidates verbally.

The assessment will be video recorded and submitted to B&WSSC. The training partner will intimate the time of arrival of the assessor and time of leaving the venue.

Methods of Validation

Unless the trainee is registered, the person cannot undergo assessment. To further ensure that the person registered is the person appearing for assessment, id verification will be carried out. Aadhar card number is part of registering the candidate for training. This will form the basis of further verification during the assessment.

Assessor conducts the assessment in accordance with the assessment guidelines and question bank as per the job role.

The assessor carries tablet with the loaded questions. This tablet is geotagged and so it is monitored to check their arrival and completion of assessment.

Video of the practical session is prepared and submitted to B&WSSC.

Random spot checks/audit is conducted by B&WSSC assigned persons to check the quality of assessment.

Assessment agency will be responsible to put details in SIP.

B&WSSC will also validate the data and result received from the assessment agency.

Method of assessment documentation and access

The assessment agency will upload the result of assessment in the portal. The data will not be accessible for change by the assessment agency after the upload. The assessment data will be validated by B&WSSC assessment team. After upload, only B&WSSC can access this data. B&WSSC approves the results within a week and uploads on SIP.









References

Glossary

Term	Description
Declarative Knowledge	Declarative knowledge refers to facts, concepts and principles that need to be known and/or understood in order to accomplish a task or to solve a problem.
Key Learning Outcome	Key learning outcome is the statement of what a learner needs to know, understand and be able to do in order to achieve the terminal outcomes. A set of key learning outcomes will make up the training outcomes. Training outcome is specified in terms of knowledge, understanding (theory) and skills (practical application).
OJT (M)	On-the-job training (Mandatory); trainees are mandated to complete specified hours of training on site
OJT (R)	On-the-job training (Recommended); trainees are recommended the specified hours of training on site
Procedural Knowledge	Procedural knowledge addresses how to do something, or how to perform a task. It is the ability to work, or produce a tangible work output by applying cognitive, affective or psychomotor skills.
Training Outcome	Training outcome is a statement of what a learner will know, understand and be able to do upon the completion of the training .
Terminal Outcome	Terminal outcome is a statement of what a learner will know, understand and be able to do upon the completion of a module. A set of terminal outcomes help to achieve the training outcome.









Acronyms and Abbreviations

Term	Description
QP	Qualification Pack
NSQF	National Skills Qualification Framework
NSQC	National Skills Qualification Committee
NOS	National Occupational Standards